

The Northeast Kingdom Palliative Care Initiative, Inc

Mission

The mission of the NEKPCI is to create a seamless system of care for all individuals on their end of life journey, no matter where that journey takes place in our community. This system incorporates a hospice-like philosophy and provides a community standard of care for pain control, and emotional and spiritual support.

Vision

NEKPCI's vision is that all our community health care facilities and agencies provide care for the dying in a way that eases their suffering, promotes their choices, and provides comfort to their loved ones.

Chairperson

Denise Niemira, MD dniemira@comcast.net



Members

Bel-Aire Quality Care Nursing Center
Derby Green Nursing Facility
Maple Lane Nursing Home
Newport Health Care Center
North Country Hospital
Northeast Kingdom Human Services
Orleans Essex VNA & Hospice
Union House Nursing Home
The Compassionate Friends Support Group
Volunteers & Interested Individuals



The Northeast Kingdom Palliative Care Initiative Invites You To:

Responding to Suffering at the End of Life:
When Patients Make Difficult Choices



Featuring

Diana L. Barnard, MD
Sara Wyllie Fitts, CPNP, LCMHC NCC
Peggy Stevens, M.Ed.
Rev. Michel Richards, MA, CPE II

Friday, September 13, 2019
11:30 AM to 2:30PM
Eastside Restaurant, Newport, VT



CEU's: This activity has been submitted to the Northeast Multi-State Division (NE-MSD) for approval to award contact hours. NE-MSD is accredited by the ANA Credentialing Center's Commission on Accreditation to approve continuing nursing education.

Introduction

This seminar will explore the physical, emotional, and spiritual suffering that may accompany the end of life journey and choices that patients might pursue to end this suffering. Come prepared to learn about how to listen and how to respond to requests to hasten death – What is the dying person really asking? What are the ethical and legal options to stopping treatment or nutrition?

This seminar is appropriate for health care professionals of all disciplines and of all levels, as well as educators, social workers, clergy members, interested community persons, and anyone involved personally or professionally with the care of the seriously ill.

About the Presenters:

Diana L. Barnard, MD is Palliative Medicine Physician at Porter Medical Center in Middlebury VT in addition to being Assistant Professor at UVM. Dr. Barnard will be presenting on medical care options at the end of life.

Sarah Wyllie Fitts, CPNP, LCMN, NCC will be presenting on her personal experience with a loved one voluntarily stopping nutritional intake.

Peggy Stevens, M.Ed, a community member whose husband chose to utilize Physician Assisted Death for his end of life.

Rev. Michel Richards MA, CPE II will share in the spiritual aspect of end of life care.

Objectives:

1. Identify types of suffering experienced by patients with terminal illness.
2. Name the knowledge and skills needed to discuss suffering with terminally ill patients, especially when they raise issues of hastening death.
3. Demonstrate ways of framing the conversation with patients and family members that will facilitate their understanding of their choices and alternatives at end of life.
4. Identify services in the community to assist patients and families.

Workshop Schedule - Friday, September 13, 2019

11:30 AM	Registration / Check-In
11:45 AM	Lunch
12:15 PM	Introductions - Dr. Denise Niemira Presentations
1:15 PM	Break
1:30 PM	Panel Presentation – Q & A
2:30 PM	Closing by Dr. Denise Niemira

Registration - Please register by Monday, September 9, 2019

A \$15.00 registration fee is requested. This fee includes lunch, provided at the Eastside. Make your check payable to:

Northeast Kingdom Palliative Care Initiative, Inc. and mail it with the form below to:

Lyne Limoges, MSN, RN
Orleans Essex VNA & Hospice
46 Lakemont Road
Newport, VT 05855

Name: _____

Profession: _____

Agency / Organization: _____

Address: _____

Telephone: _____

